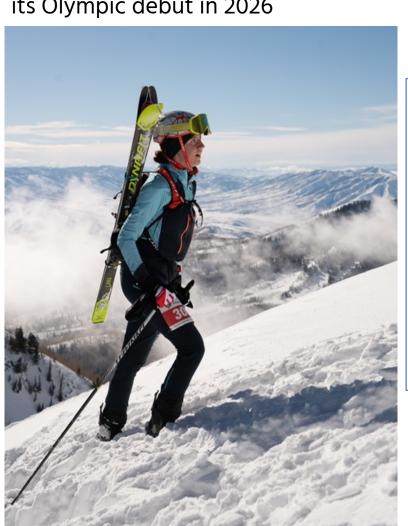


NEW SKIMO PROGRAM

WHAT IS SKIMO?

SkiMo, also known as Ski
Mountaineering, is a winter-time
endurance triathlon. Athletes ascend
and descend peaks transitioning
between uphilling with skins, hiking
and alpine skiing in a race against the
clock and fellow competitors. Ski Mo is
the fastest growing segment of
Snowsports in America and will make
its Olympic debut in 2026





The AVSC SkiMo Program is geared toward athletes 12 and older looking for a new athletic challenge, or to cross train for other endurance sports. We are excited to offer a development and competitive program this winter! AVSC SkiMo will offer exposure to all five SkiMo disciplines; Individual Distance, Individual Sprint, Individual Vertical, Team Duo and Team Relay Join AVSC's SkiMo Program today!

For more information, scan the QR code or contact Kevin Roop kroop@teamavsc.org

