



ASPEN
VALLEY SKI & SNOWBOARD CLUB

NEW SKIMO PROGRAM

WHAT IS SKIMO?

SkiMo, also known as Ski Mountaineering, is a winter-time endurance triathlon. Athletes ascend and descend peaks transitioning between uphill with skins, hiking and alpine skiing in a race against the clock and fellow competitors. Ski Mo is the fastest growing segment of Snowsports in America and will make its Olympic debut in 2026



The AVSC SkiMo Program is geared toward athletes 12 and older looking for a new athletic challenge, or to cross train for other endurance sports. We are excited to offer a development and competitive program this winter! AVSC SkiMo will offer exposure to all five SkiMo disciplines; Individual Distance, Individual Sprint, Individual Vertical, Team Duo and Team Relay **Join AVSC's SkiMo Program today!**

For more information,
scan the QR code or
contact Kevin Roop
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